



## Transforming Self and Community: Revisioning Pastoral Counseling and Spiritual Direction (Paperback)

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By Len Sperry

Liturgical Press, United States, 2002. Paperback. Book Condition: New. 208 x 135 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Catholic Press Association Award Winner! Both spiritual direction and pastoral counseling tend to be partially responsive to client needs and expectations. Many of the theories underlying the practice of spiritual direction and pastoral counseling are based more on psychology than spirituality. They minimize or exclude character and moral concerns and may even unintentionally foster individualism and spiritual narcissism. Transforming Self and Community offers an approach to spiritual direction and pastoral counseling that is holistic, that integrates spiritual and moral constructs with the psychological and emphasizes all aspects of transformation, including social transformation. The integrative approach in Transforming Self and Community provides psychological, spiritual, and moral perspectives for understanding and assisting individuals with their spiritual journey of development. It describes and illustrates clinically useful guidelines for the practice of spiritual direction and pastoral counseling. It includes case studies as well as figures, tables, and charts that highlight and summarize main text points. Transforming Self and Community is primarily for professionals who practice, teach, or are learning how to do spiritual direction or pastoral counseling. Nevertheless, spiritual seekers, clients, or...

### Reviews

*Thorough information! Its this type of great go through. It is amongst the most incredible publication i actually have read through. It is extremely difficult to leave it before concluding, once you begin to read the book.*

-- Germaine Welch

*A very awesome pdf with perfect and lucid information. This is certainly for those who statte there had not been a worthy of looking at. Your daily life span will probably be convert as soon as you full looking at this book.*

-- Dr. Marie Ebert