



## No Future with Out Forgiveness: A 12-step Process (Paperback)

By Michael Byrd

AUTHORHOUSE, United States, 2004. Paperback. Book Condition: New. 220 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Paul W. Carlin, Th.D, Ph.D. of The Therapon Institute. (An Christian counseling licensing and certification institution) writes Forgive as an interrelated concept among the disciplines of psychology, theology and spiritual growth has grown since the 1990 s. Christian counselors and clinicians now point to forgiveness as a useful and necessary part of the wounded person s healing process. Dr. J. M. Brandsma writes in the Baker Encyclopedia of Psychology and Counseling, Forgiveness is overcoming of negative thoughts, feelings, and behaviors not by denying the offense or the right to be hurt or angry, but by viewing the offender with acceptance ( if not compassion) so that the forgiver can be healed. Forgiveness is not denial or indifference, pardon, reconciliation, condoning, excusing, passive forgetting, weakness, or an interpersonal game. Forgiveness in do way cancels the crime, but it works to take care of the distortions caused by the unhealthy aspects of anger and resentment so that the person may achieve peace of mind and body. How to forgive is the big question. In the 12 steps to forgiveness, Michael...



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